

Personal Assessment and Crises Evaluation (PACE)

- PACE works with young people, aged 15-25 from the western region who might be at risk of developing psychosis.
- Young people who come to PACE often describe other changes such as:
 - Having more difficulty than usual coping with work or school
 - Feeling tired, lacking energy, paranoid or worried about other people and their actions
 - Noticing a change in the way things look or sound, or seeing things in the environment that other people do not.
- PACE aims to reduce these issues on the young person, and stop them from getting worse.
- Young people recommended to the program are assigned a case manager and a doctor.
- Duty workers are available during working hours when a person's case manager or doctor is not available.
- A Youth Access Team (YAT) provides assessment, at home support, and crisis intervention.
- Young people in the program may also participate in research.